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Spoon's Britt Daniel on band's 'greatest hits' album. 14

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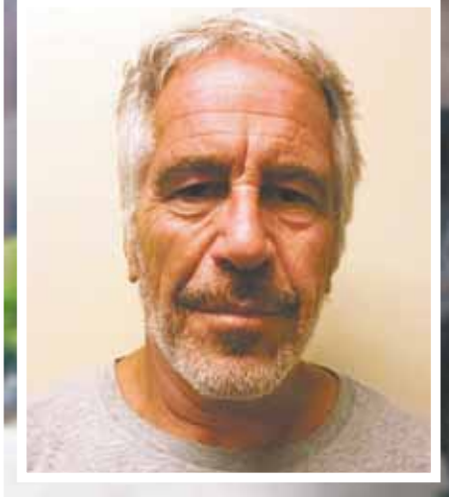

U.S. Attorney General William Barr said he was "appalled" and "angry" to learn of a federal prison's failure to adequately secure disgraced money manager Jeffrey Epstein, who was reportedly suicidal. 4

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4 THINGS TO KNOW

White House weakens US wildlife protections, conservationists react

Move by Trump clears the way for oil, gas and coal production, and logging on federal land.

GETTY IMAGES

The Trump administration on Monday finalized changes to provisions of the U.S. Endangered Species Act it says will streamline the decades-old wildlife protection law but which conservation groups say will threaten at-risk species.

The 1970s-era Act is credited with bringing back from the brink of extinction species such as bald eagles, gray whales and grizzly bears, but the law has long been a source of frustration for drillers, miners and other industries because new listings can put vast areas of land off-limits to development.

The weakening of the Act's protections is one of many moves by U.S. President Donald Trump, a Republican, to roll back existing regulations to hasten oil, gas and coal production, as well as grazing, ranching and logging on federal land.

The changes would end a practice that automatically conveys the same protections for threatened species as for endangered species, and would strike language that guides officials to ignore economic impacts of how animals should be safeguarded. The original Act protected species regardless of the economics of the area protected.

"The revisions finalized with this rulemaking fit squarely within the President's mandate of easing the regulatory burden on the American public, without sacrificing our species' protection and recovery goals," U.S. Secretary of Commerce Wilbur Ross said in a statement.

The changes were announced by the Interior Department's U.S. Fish and Wildlife Service (USFWS) and the Commerce Department's National Marine Fisheries Service (NMFS).

> **"These changes crash a bulldozer through the Endangered Species Act's lifesaving protections for America's most vulnerable wildlife."**
>
> **Noah Greenwald, Center for Biological Diversity**

Conservationists and environmentalists said they would challenge the revised law in court.

"These changes crash a bulldozer through the Endangered Species Act's lifesaving protections for America's most vulnerable wildlife," Noah Greenwald, the Center for Biological Diversity's endangered species director, said in a statement.

"For animals like wolverines and monarch butterflies, this could be the beginning of the end," Greenwald said.

According to the revision, the Fish and Wildlife Service would need to write separate rules for each threatened species, slowing their protection until conditions worsen. Previously, threatened species, which account for 20 percent of listed species under the Act, would receive the same automatic protections as endangered species, according to the liberal Center for American Progress policy research organization.

"Ending this practice ... would strain the resources of USFWS and NMFS, costing managers valuable time before they can take action to protect a species," said Kate Kelly, the organization's public lands director.

The revised rules will also prohibit designation of critical habitat for species threatened by climate change, the Center for Biological Diversity said. Trump rejects mainstream climate science and agencies such as the Interior Department have stopped weighing climate impacts in their regulations.

Some lawmakers from Western states and free-market conservation groups applauded the changes, seeing them as helping states and landowners. Wyoming Republican Sen. John Barrasso said the revision was a good first step but Congress should also reform the Endangered Species Act.

"We must modernize the Endangered Species Act in a way that empowers states, promotes the recovery of species and allows local economies to thrive," Barrasso said. REUTERS

PA judges skeptical of Cosby effort to reverse conviction

2 A trio of Pennsylvania judges on Monday appeared deeply skeptical of Bill Cosby's effort to have his sexual-assault conviction overturned, as the comedian's lawyers argued in court that the trial judge had deprived him of a fair trial. The judicial panel in Superior Court in Harrisburg, the state capital, posed their toughest questions to Cosby's lawyers during a hearing that lasted less than an hour. The appeal focused on the decision by Montgomery County Judge Steven O'Neill to allow five accusers to testify at trial that Cosby had drugged and sexually assaulted them years previously, just as Andrea Constand claimed he had done. The trial concerned only Constand's allegation; the other accusers' claims were too old to lead to criminal charges. Cosby, 82, is serving a prison sentence of three to 10 years for the April 2018 conviction. REUTERS

Oregon joins NY, TX suit to stop T-Mobile, Sprint merger

3 Oregon has joined a multistate lawsuit to block the merger of U.S. wireless carriers T-Mobile and Sprint, the New York attorney general's office, which is leading the lawsuit along with California, said on Monday. Fifteen states and the District of Columbia are now seeking to stop the merger, which the states argue is anticompetitive and will cost their residents more than $4.5 billion annually. The lawsuit most recently added Texas, whose AG is the first Republican to join the effort. "Oregon's addition to our lawsuit keeps our momentum going, and ensures that there isn't a single region of this country that doesn't oppose this anticompetitive megamerger," NY AG Letitia James said in a statement. The Justice Dept. signed off on the deal last month on the condition that the carriers divest Sprint's prepaid phone business to satellite TV provider Dish. REUTERS

Soccer: Markgraf named first GM of U.S. women's team

4 U.S. Soccer on Monday appointed former player Kate Markgraf as general manager of the World Cup-winning women's team where she will lead the search for a new head coach following Jill Ellis' announcement last month that she would step down. Markgraf, who was part of the world title-winning team in 1999, will also manage the overall technical plan for the Women's National Team program, which includes the hiring of youth national team coaches and staff. "We're thrilled to have Kate as the first general manager of our women's national team," said Carlos Cordeiro, president of the U.S. Soccer Federation. "Having won multiple championships, she's truly steeped in the culture of the program," he said of the two-time Olympic gold medalist. REUTERS

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AG cites 'irregularities' at jail where Epstein died

"I was appalled — and indeed the whole department was — and frankly angry to learn of the MCC's failure to adequately secure this prisoner."

Metropolitan Correctional Center (MCC) in Lower Manhattan. REUTERS

U.S. Attorney General William Barr said on Monday there were "serious irregularities" at the federal prison in New York City where Jeffrey Epstein died in an apparent suicide, adding that the investigation into the disgraced money manager's sex crimes would continue.

"Any co-conspirators should not rest easy," Barr, the top U.S. law enforcement official, said during a speech at an event in New Orleans.

Epstein was found dead on Saturday, having apparently hanged himself in his cell at the Metropolitan Correctional Center (MCC) in Lower Manhattan where he was being held on new sex-trafficking charges. He was already a registered sex offender after pleading guilty in 2008 to Florida state charges of unlawfully paying a teenage girl for sex.

Barr announced on Saturday that he had asked the Justice Department's inspector general to investigate Epstein's death.

In his remarks on Monday at the Grand Lodge Fraternal Order of Police's National Biennial Conference, Barr said the criminal case against Epstein was personally important to him and that the financier's death denied his victims the chance to confront Epstein in a courtroom.

"I was appalled — and indeed the whole department was — and frankly angry to learn of the MCC's failure to adequately secure this prisoner," Barr said. "We are now learning of serious irregularities at this facility that are deeply concerning and demand a thorough investigation."

"We are now learning of serious irregularities at this facility that are deeply concerning and demand a thorough investigation."
U.S. AG William Barr

Barr did not say what those irregularities were. The decision by officials at the Bureau of Prisons not to keep Epstein on a suicide watch by guards has come under scrutiny.

The prison where Epstein died is run by the federal Bureau of Prisons, a division of the U.S. Justice Department.

Prior to his state conviction for sex crimes, Epstein had counted U.S. President Donald Trump and former President Bill Clinton among his associates.

The New York City medical examiner said an autopsy had been completed on Epstein on Sunday but that a determination on the cause of death is still pending.

Epstein was arrested on July 6 and pleaded not guilty to federal charges of sex trafficking involving dozens of underage girls as young as 14, from at least 2002 to 2005.

REUTERS

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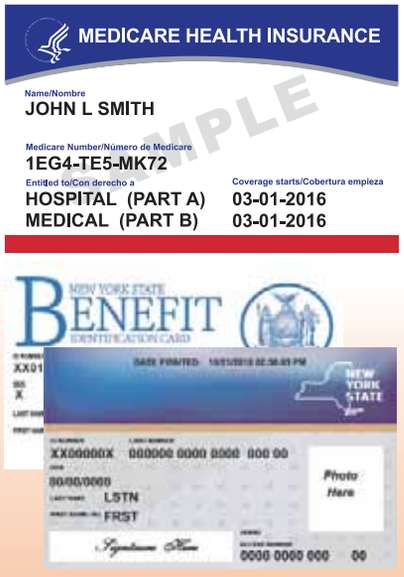

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NYC's 19th cyclist killed in Brooklyn

The number of cyclist fatalities has nearly doubled since last year.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

A 52-year-old man was riding a bike in Midwood, Brooklyn, on Sunday when he was struck and killed by a car, marking the 19th New York City cyclist fatality of 2019.

The victim has been identified as Jose Alzorriz, according to the New York Daily News.

The number of bike riders killed on city streets has doubled this year over last year. In total, 2018 saw 10 cyclist deaths in New York City.

The NY Daily News reported that on Sunday a teen driving a silver Dodge Charger ran a red light while speeding down Coney Island Avenue and hit a Honda Pilot SUV heading east on Avenue L at around 12:30 p.m. The SUV slid into the corner of the intersection, where it collided with Alzorriz, and up onto the sidewalk, hitting a 52-year-old pedestrian.

The 18-year-old driver who ran the red stayed at the scene, and was detained and released Sunday evening, according to the NY Daily News. As of Monday afternoon, he did not face charges.

The driver of the SUV, 39, was injured in the crash, as was the pedestrian. Both were taken to Maimonides Medical Center, according to the NY Daily News.

At first, Alzorriz reportedly was able to walk without assistance, but his injuries were severe, and he died after being taken to Coney Island Hospital.

CBS reported that police are reviewing the surveillance footage. As of Monday morning, it was an ongoing investigation.

News of Alzorriz's death comes within weeks of Mayor de Blasio announcing his "Green Wave" bicycle plan to address the epidemic of cycling fatalities.

The "Green Wave" plan will include construction of 80 miles of protected bike lanes by 2021, and will update intersection designs to make them safer for cyclists.

NYPD will be deploying enforcement in the 100 most crash-prone intersections in NYC, and DOT, City Council and State Legislature have said they will create new laws to protect cyclists.

City officials have said they plan work with truckers to better educate them about how to share the streets with bikers.

Finally, the plan outlines an expansion of safety programs to help educate the public on the importance of bike safety and helmets.

NYC braces for ugly weather

GETTY IMAGES

Although it's been clear skies the past few days, the pleasant weather is come to an abrupt halt starting Tuesday.

The National Weather Service (NWS) reported that severe thunderstorm development is possible Tuesday through Sunday, with the primary threats being damaging winds and large hail. There is also a flash-flood threat for the area, with torrential rainfall likely from any storms that develop.

Patch.com reported that showers will be heaviest after 2 p.m. Tuesday, continuing into the evening.

The NWS New York NY Twitter account shared: "Enjoy the pleasant weather for today, because it will turn unsettled with rain (and potentially lots of it) for Tuesday afternoon into Tuesday night. Here are the forecast rainfall totals, but keep in mind that locally higher amounts are possible."

This storm could cause hail. Large pieces of hail can also sometimes be an indicator of a tornado, according to the NWS, but that is not always the case. "The presence of large hail indicates very strong updrafts and downdrafts within the thunderstorm," the NWS reported. "These are also possible indicators of tornadic activity. Often large hail is observed immediately north of a tornado track — but the presence of hail doesn't always mean a tornado and the absence of hail doesn't always mean there isn't a risk of tornadoes."

To protect yourself and others from hail, ABC shared that covering your vehicle in a blanket or tarp can help protect it, and they also suggest seeking shelter if caught in a hailstorm; making sure insurance covers damages; and getting impact-resistant roofing shingles.

BECCA GLASSER-BAKER

Protestors in NYC hold rally against illegal guns and gun violence

People participate in a demonstration and news conference against illegal guns in front of the Jacob Javits Federal Building on Aug. 12, 2019, in New York City. The event, a "Call to Action to Stop the Flow of Illegal Guns," included victims of gun violence along with federal, state and city officials. Despite the recent spate of mass shootings in America, most homicides occur in urban areas with many committed with guns purchased from unlicensed sellers. GETTY IMAGES

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Booze & Brews WITH BECCA

Becca Glasser-Baker considers herself an adopted New Yorker. Although she studied culinary arts in New Jersey, she credits her passion for cocktails to exploring New York City. When she's not writing, she's probably baking, hanging out with friends, blasting Taylor Swift or petting dogs. When she's not sipping on a cocktail, she's busy indulging in exotic teas. Email her at **Rebecca.glasser@metro.us** with tips, trends, favorite spots and cocktail ideas.

You may as well pop some bubbly today, because National Prosecco Day 2019 has arrived. Prosecco is a favorite drink among Americans and Europeans alike. According to The Associated Press, prosecco is officially the best-selling sparkling wine by volume across the world. Experts credit people's interest in prosecco to its lower price and its reputation as an "anytime drink."

Oh, and it also tastes delicious. So there's that.

There's no better day than National Prosecco Day to enjoy the bubbly libation. But first, a little history.

National Prosecco Day is a fairly new non-holiday, as it was created in 2016 by Riondo Prosecco, a sparkling wine that "celebrates the easy-living spirit of Italy." It's celebrated on Aug. 13, so today's your lucky day.

You can mark the occasion in several bars throughout New York City. In fact, we've rounded up 10 places to celebrate National Prosecco Day.

Taste the La Pera è Mista at Cardoncello diVino

Cardoncello diVino boasts a Wine Spectator award of excellence, so you know the drinks are incredible. The La Pera è Mista is a cocktail that features Grey Goose Poire vodka, St. Germain Elderflower, fresh lime juice, topped with prosecco. The drink promises to be a super well-balanced cocktail that's focused on playing with sweet and sour. *$14, Mon.-Sat. 4:30-10:30 p.m., 43 W. 27th St.*

Drink the Sunset Spritz at Estuary

Estuary just opened on the water, and there's no better place to sip a cocktail. The Sunset Spritz has gin, prosecco, raspberry balsamic shrub and rosemary in it. The drink is a bit dry yet refreshing, fruity and a bit savory. *$13, Tues.-Thurs. 5:30-10 p.m., Fri.-Sat. 5:30-10:30 p.m. (brunch 11:30 a.m.-3 p.m.), 159 Bridge Park Dr., Brooklyn*

Sip the Rhubarb & Hibiscus at Little Beet Table

Little Beet Table is a veggie-forward restaurant, so of course, so are their cocktails. The Rhubarb & Hibiscus is a seasonal drink made with prosecco, vodka, lemon, hibiscus, and freshly-pressed rhubarb juice. It tastes a bit tart, floral and a tad bit sweet. *$15, Mon.-Thurs. 11 a.m.-10 p.m., Fri. 11 a.m.-10:30 p.m., Sat. 10 a.m.-10:30 p.m., Sun. 10 a.m.-9 p.m., 333 Park Ave. South*

Bring some friends to taste the Spritz Flight at PHD Terrace at Dream Midtown

If you are struggling to decide what kind of spritz to drink, PHD Terrace at Dream Midtown is the perfect place for you to celebrate National Prosecco Day. The flight comes with these juices: cucumber & lime, mandarin orange & Aperol, ginger & lemon, and strawberry & kiwi and a bottle of prosecco, so you can make your perfect drink. *$85, this drink is only available Tues. from 5 p.m.-1 a.m., 210 W. 55th St.*

Try A LAVO-lini at LAVO

LAVO is an Italian restaurant that has a club below it — making it the perfect stop for an evening out. The restaurant serves something called the LAVO-lini. The LAVO-lini has prosecco, passion fruit and St. Germain, which will keep you smiling all night long. *$18, Mon. 11:30 a.m.-11 p.m., Tues./Wed. 11:30 a.m.-midnight, Thurs./ Sun. 11:30 a.m.-1 a.m., Fri. 11:30 a.m.-midnight, Sat. 2-6 p.m., 7:30 p.m.-1 a.m., 39 E. 58th St.*

Savor the Profumi d'Estate at Avena Downtown

If you are looking for summer in cocktail form, Avena Downtown is the perfect place for you to go. The cocktail has Aperol, lime juice, simple syrup, prosecco and a scoop of artisanal peach purée, topped with an edible flower. Not only is this drink tasty, but it's also very social media-friendly. *$15, every day 11:30 a.m.-2 a.m., 260 Sixth Ave.*

Enjoy Southside of Italy cocktail at Atlantic Grill

Atlantic Grill is well known for its wonderful seafood, but did you know it also has some killer cocktails? The Southside of Italy includes blood orange vodka, prosecco, grenadine, lemon juice and fresh mint leaves. It is a super-refreshing drink. *$18, Sun. 11 a.m.-10 p.m., Mon. 11:30 a.m.-10 p.m., Tues.-Fri. 11:30 a.m.-11 p.m., Sat. 11 a.m.-11p.m., 49 W. 64th St. at Broadway*

Try the original Bellini at Cipriani Dolci in Grand Central

Although the Bellini is said to have been created in Italy, it's made its way to Grand Central. Cipriani Dolci is located in Grand Central station. The original creator of the drink, Giuseppe Cipriani's family, opened up Cipriani Dolci and it serves the original Bellini. The Bellini includes white peach purée and prosecco.
$17, Mon.-Sat. 11 a.m.-11 p.m., Sun. noon-11 p.m., 89 E. 42nd St.

Sip a Kyma Spritz at Kyma Flatiron

If you love a spritz but are interested in a different take, Kyma's Kyma Spritz is the ideal drink for you. It's a Greek take on a spritz and has a Greek liquor called mastiha, Aperol, bitters and prosecco in it. The drink tastes fruity, light and refreshing. *$15 ($10 during happy hour), Mon.-Fri. 11:30 a.m.-10:30 p.m., Sat. 5-11 p.m., Sun. 11:30 a.m.-9:30 p.m., 15 W. 18th St.*

ISTOCK

Drink a Blood Orange and Cardamom Bellini at Patisserie Chanson

If you're a dessert and cocktail lover, you're going to want to make Chanson your next outing. Their Blood Orange and Cardamom Bellini is full of prosecco, blood orange, and cardamom syrup, which gives this traditional cocktail a spicy twist. The flavor is bubbly, citrusy and has a hint of spice. *$14, Patisserie: Mon.-Fri. 7 a.m.-7 p.m., Sat. 9 a.m.-6 p.m., Sun. 10 a.m.-6 p.m.; Dessert Bar: Wed.-Thurs. 8 p.m., Fri.-Sat. 7 p.m., 9:15 p.m., 20 W. 23rd St.*

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Doctors Urge Knee Pain Sufferers

"Don't Get ANY Surgery Until You SeeThis…"

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best "Treatment Formula" For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going is be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

That's the bad news.

Now for some good news...

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

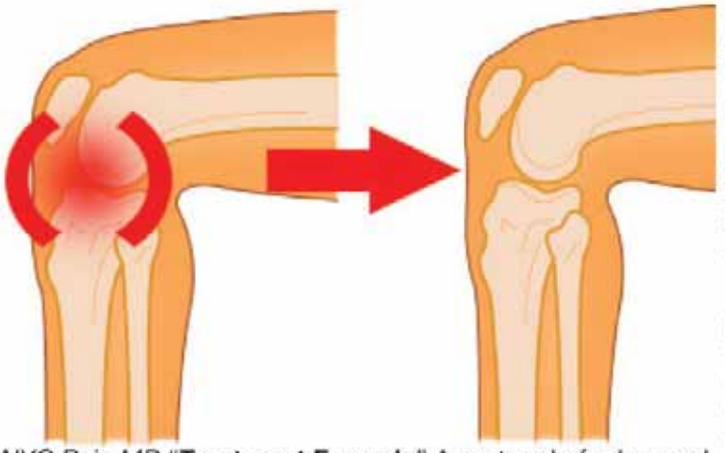
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: PATIENT SELECTION.

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help you find the right doctor for you.



NYC Pain MD "**Treatment Formula**" A protocol of advanced medical treatments that has already helped thousands.

If you qualify, NYC Pain MD offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you MUST KNOW....

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these "gel injections" without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patent. And we have all these treatments offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

Here's What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our "Treatment Formula."

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what's going on and what is your best course of action… step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

There is so much we want to say to help you... but I'm out of space. Give us a call at ***877-296-6310*** and take the first step. That step is free without obligation.

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These are the top 20 signs of 'adulting,' according to experts

A new study shared what it means to truly be considered a so-called "adult" nowadays.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Things aren't so simple now. What would once be considered "adulthood" is now delayed, disfigured and straight-up disorienting. In fact, a new study shows just how different people's perceptions are as far as what "adulting" truly means.

Farm Rich examined how different generations perceive adulthood, specifically studying millennials, baby boomers, Gen Xers, and Gen Zers. The study came about thanks to an interest in how young people view the transition to adulthood, and how times have changed with this whole idea of adulting, according to Farm Rich Marketing Director Shannon Gilreath, who added, "The findings in this study are both funny and true."

The first thing the study found was that millennials think you need to be a full-on adult at 26, whereas baby boomers said 31 was the magic age.

Another interesting point in the survey is that men are considered adults at age 26, whereas respondents thought women reached adulthood at 23.

The survey shared the top signs of "adulting," and the No. 1 response across all generations was "having a budget." Fifty-five percent of the 2,000 surveyed said this was the ne plus ultra of being an adult. Although having a budget was the top sign of adulting, another study done by Debt.com reported that only 67 percent of those surveyed actually had one.

Fifty-four percent of all participants in the Farm Rich survey said the next big step when it comes to adulting is buying a house.

Coming in third place is "filing your own taxes," with 52 percent of people saying it's a peak sign of adulting. (Though, let's be real, folks of all ages know the struggle of tax season.) According to an article in the New York Post, 57 percent of people are not confident when it comes to understanding taxes.

Other non-shocking list-toppers in the Farm Rich survey include investing in a 401K and drinking wine.

Top 20 signs of "adulting"

Do you make the cut? Here are the top 20 signs of adulting:

1. Having a budget - **55%**
2. Buying a house - **54%**
3. Filing your own taxes - **52%**
4. Understanding and monitoring your credit score - **48%**
5. Investing in your 401(k) - **46%**
6. Doing your own laundry - **43%**
7. Scheduling regular doctors' appointments - **38%**
8. Making a list to take when going to the grocery store - **35%**
9. Cooking dinner most of Monday through Friday - **33%**
10. Watching the nightly news - **31%**
11. Changing the bedsheets regularly – **31%**
12. Reading the newspaper- **29%**
13. Hosting dinner parties or gatherings with friends - **29%**
14. Buying a sensible pair of shoes - **27%**
15. Making the bed every morning - **26%**
16. Drinking wine - **26%**
17. Using coupons - **25%**
18. Getting excited about a Saturday night staying in - **25%**
19. Starting the morning with coffee, lots - **23%**
20. Taking something out of the freezer to "defrost" - **22%**

THE FOREMAN FORECAST: FREE BLAGO! (REALLY?)

Former Illinois Gov. Rod Blagojevich began serving a 14-year prison sentence in 2012. GETTY IMAGES

ANALYSIS

TOM FOREMAN

For the imprisoned former governor of Illinois, this is a good week — and it could get even better. President Donald Trump says he is "very strongly" thinking about a pardon for Rod Blagojevich, who has been cooling his heels in federal prison since he was convicted of a wide-ranging corruption plot in 2011. Simply put, Trump thinks Blago deserves a break.

"I think it's enough, seven years," Trump said to reporters as he was winging his way back to the White House from Texas. "I thought he was treated unbelievably unfairly. He was given close to 18 years in prison. And a lot of people though it was unfair."

It was actually a 14-year sentence and let's put aside for a moment Trump's always-handy (and rarely proven) assertion that "a lot of people" agree with him. Prosecutors had evidence that the Democratic governor was offering political handouts to others in exchange for financial rewards for himself. He tried to auction off Barack Obama's vacated Senate seat, for crying out loud. In terms of public service, misusing your office to satisfy naked, personal greed is pretty much the worst kind of betrayal. Even Trump's fellow Republicans in Illinois have said a pardon would send a terrible message. And yet, here we are with Trump nibbling at the idea.

But of course he is. Donald Trump has long made it clear he does not see any real problem mixing public office with personal interests. He grudgingly stepped away from his family's business when he took the oath, but only after insisting that he really shouldn't have to. And questions continue to swirl about just how divorced he is from the Trump Organization.

So while the erstwhile governor is now a bona fide criminal, it's not surprising Trump sees a sympathetic character sitting in the Iron Bar Hilton. After all, even if Blago bent a few rules, made some illicit promises, and tried to strike some shady deals, he was just looking out for his own interests. And in Trumpland, what could be wrong with that?

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READER WRITE-INS:

COMING THIS FALL: "THE FIRST ANNUAL NYC SUBWAY OLYMPICS"

Events include:
Wipeout on the IRT – Keep your balance on a lurching subway ride while tying your shoe, checking your emails and NOT holding a pole.

Outta My Way – Exit from the middle of a packed car after the doors open, carrying a king-size mattress.

It's My World (a triathlon event!) –
Dash through closing doors while leading an unusual "comfort animal" (e.g., python, sloth ... be creative).
Eat a liverwurst sandwich while tying your shoes and performing life-threatening acrobatics.
Loudly evangelize about a made-up religion in a made-up language. (Extra points for converts.)

— **Shane,** *Metro New York reader*

ISTOCK

metro.us/horoscopes

Aries You don't have to fall in line behind someone else. Use your ingenuity, intelligence and skills to do the best job possible. Outdo, outsmart and outmaneuver.

Taurus You will find it challenging to settle down if you let others' words or actions get to you. Take a deep breath and concentrate on your responsibilities.

Gemini Look for opportunities to boost your standard of living. Consider what you can do to alter your cash flow. Set priorities and improve your life.

Cancer Check out what's available. Let others do as they please and head in the direction that excites you the most. A lifestyle change will alter the ways you think and do things.

Leo Stay calm. Your state of mind will play a role in how changes unfold. Look for an opportunity. A positive attitude will help attract good people and produce stellar results.

Virgo Do whatever it takes to bring about positive change. Your actions will be more effective than your words. A domestic change will bring unusual and unexpected results.

Libra Reconnecting with someone from your past will be eye-opening. It will either encourage you to appreciate what you've accomplished or offer insight into how to move forward with grace and aplomb.

Scorpio Take your time and listen carefully. Someone will mislead you or change his or her plans at the last minute. Be prepared to adjust to whatever comes your way.

Sagittarius A break will be rejuvenating. Taking a business trip, visiting a place you've never been before or seeking out information that can help you get ahead is encouraged. Romance is highlighted.

Capricorn Consider what you can do to make improvements at home that will satisfy everyone's needs. Listen to suggestions and stick to a set budget. Use your resources to achieve your goal.

Aquarius Stand on guard, as emotions will surface due to someone's inconsistency. Don't fret; go about your business and take care of your responsibilities. In the end, it's what you accomplish that counts.

Pisces Only take on what's doable. Refuse to let someone goad you into something you don't want to do or shouldn't do. Take care of personal matters before you offer to help others. EUGENIA LAST

Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many treatments...* especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequncy Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

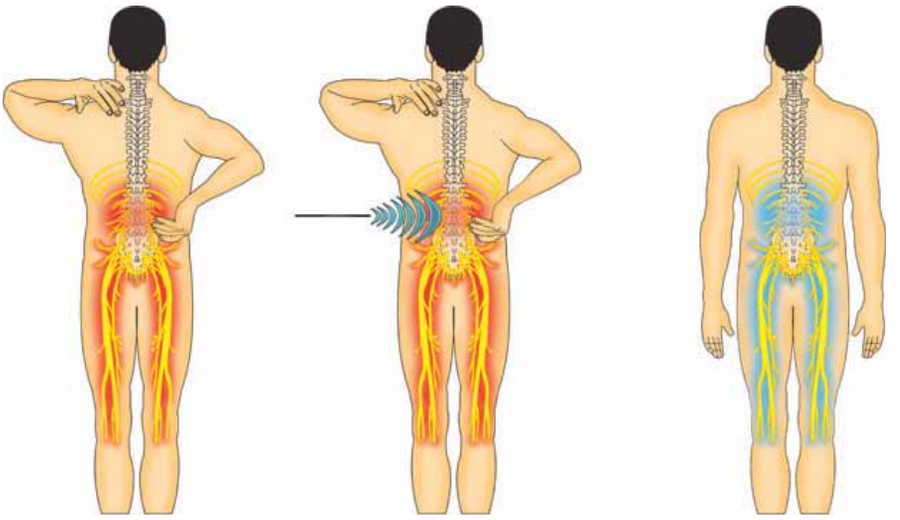
Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months… 12 months…. 18 months for some and some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgi-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in out in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at *NYC Pain MD*. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.

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Britt Daniel.
AUTUMN DE WILDE

Britt Daniel of *Spoon* on the tough choices that went into the band's new 'greatest hits' album

Daniel also shared news of an album in the works ahead of the band's show this weekend with Beck.

PAT KING
patrick.king@metro.us

What is the appropriate plan of attack when making an "intro playlist" of your favorite band for someone who has never heard them before? It can be a daunting task discarding hidden gems in favor of the crowd-pleasers, eschewing your sentimental connections with certain songs for the moments that put them on the marquee to begin with. That's why Spoon's new greatest-hits album, "Everything Hits at Once: The Best of Spoon" is bound to be debated by fans of the band all summer. After all, how do you create a "greatest hits" album for a band that has next to zero bad songs?

Unlike bands who play more of a numbers game, Spoon belongs in the pantheon of indie-rock greats who have an output of airtight records with rare traces of fat. In other words, lead songwriter Britt Daniel and Co. run a tight ship, so whittling down their career into one single 45-minute "greatest hits" album can be an almost impossible task.

"It was a process," laughs Daniel when I speak with him over the phone. "When I came up with my first list for a 'greatest hits,' it was three discs long. Then we had to narrow it down to one disc. It was not easy. ... You can't put everything on there. It's a brief introduction."

What the collection *does* have is some of the finest moments from each of the band's 10 albums, including songs like "That's the Way We Get By," "I Turn My Camera On" and "The Underdog." At the control center of the band has always been Daniel's partnership with drummer and producer Jim Eno. I ask Daniel if there was any sort of heated debate between the two on which songs would make the cut.

"We didn't disagree too much," he says. "The main issue was figuring out what type of compilation it would be. Maybe we could have made one that would be rarities and B-sides, with some hits as well, but we figured out that wasn't really the goal here."

Looking back on some of the best greatest-hits records, sometimes you need to separate the words "best of" from "greatest hits" in order to justify questionable track listings. I ask what were the albums that Daniel took his inspiration from when selecting and sequencing songs.

"The first 'greatest hits' I used to listen to all of the time was The Supremes," Daniel remembers. "My mom had a Supremes greatest-hits record. That was really all I needed [laughs]. I think the first one I bought was 'Standing on a Beach' by The Cure. I bought it without having heard a note. I just knew of The Cure. When I bought that record, I bought it on cassette because that was the thing then, I went back and got all of the albums after that. I guess that compilation worked because I wanted to find out more."

That's the name of the game, of course: To give the uninitiated future Spoon fan an entry point to dive in. Lucky for them, the new retrospective also includes a brand-new song, the blistering new single "No Bullets Spent." The song is a perfect representation of a band that has covered a considerable amount of territory and has returned to land in complete control of their powers. I ask Daniel if the inclusion of this new song was a way of showing new fans a glimpse into the future of the band's evolution.

"I guess it works that way," Daniel muses. "We just had new songs. We're in the middle of making an album right now. We'd probably be making it right now if we weren't on this tour."

As a fan of the band, my ears immediately perked up at the news. I needed to know more. Where will this ever-adventurous band be taking us next? Who will be along for the ride in the producer's chair? Will it be David Fridmann [of Flaming Lips and Mercury Rev fame], who has produced the band's last two albums, "They Want My Soul" and "Hot Thoughts"? I needed answers.

"We've been recording it in Austin," Daniel explains of the as-yet-untitled new album. "We haven't been working with Fridmann this time but I'm in touch with him. I actually sought him out for some advice. Maybe he's the guru of the album. We've been working on it in Austin with this guy Mark Rankin [Weezer, Queens of the Stone Age]."

While the new single may be the only glimpse we have into the band's direction, we also know that the band will not be moving forward with their longtime bassist, Rob Pope, on the road. Pope decided to leave the band this year to spend more time with his family and to focus on touring with his other band, The Get Up Kids. As a replacement, the band has welcomed new member Ben Trokan of Reigning Sound and the Jay Vons.

"It's great. He's an amazing player," says Daniel of Trokan. "I think we all were bummed when Rob told us he needed to leave. I did try to talk him out of it, but it's hard to argue with a guy who's saying he needs more time with his kids. It's hard to top that one."

The band is currently on tour this summer with both Beck and Cage the Elephant, playing some of the biggest venues of their career. With so much time for introspection on what the band has been able to achieve, playing the "hits" must feel like a victory lap.

"It's great, it's a big tour. A lot of people coming out every night," says Daniel, modestly.

Spoon will be playing this Saturday, Aug. 17, at Forest Hills Stadium in Queens with Beck and Cage the Elephant.

NASA found Darth Vader's lightsaber in space

NASA

Galaxy looks like a "Star Wars" weapon

At first glance it might seem that this image, taken by NASA's Spitzer Space Telescope, features Darth Vader's lightsaber, a fictional energy sword from the "Star Wars" universe. However, it is actually a galaxy located "far, far away" known as NGC 5866, seen here from the side, thus resembling a luminescent blade. MWN

From this viewpoint, we see only the edge of NGC 5866, so most of its structural features are invisible. COLLINS AEROSPACE

Data about the galaxy:

- It is a relatively bright lenticular/spiral galaxy in the constellation Draco.
- NGC 5866 was most likely discovered by Pierre Mechain or Charles Messier in 1781, and later independently found by William Herschel in 1788.
- One of the most outstanding features of it is the extended dust disk, which is seen almost exactly edge-on.

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VidCon, the world's largest celebration of online video and digital creators returned on 10th July 2019 in Anaheim, California. This year, the creative booth built by Department Of Culture And Tourism Of Shaanxi Province made a stunning appearance at the event.

Various of themed experiences were provided in the interactive areas of Shaanxi Booth, including Terracotta Warriors 3D Art Photo Booth, Shaanxi TikTok Challenge, Shaanxi DIY Studio and Shaanxi Coloring Wall which integrated the elements of Shaanxi tourism and culture. All of those brought a big eye feast for the audiences and left an unforgettable mark at the event.

By launching online and offline creative activities through international social medias, Shaanxi is presenting its new image to the world. It's no doubt that Shaanxi has taken another step towards becoming a world-class cultural and tourism hot spot.

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AARON PHILIP

(Instagram @aaron_philip: 120k followers)

The 18-year-old was signed by Elite Model. She has appeared in Miley Cyrus' video "Mother's Daughter." Philip, who is trans, suffers from cerebral palsy. She became famous after posting a picture on Twitter with the caption: "Honestly when I get scouted/discovered by a modeling agency it's OVER for y'all. By y'all I mean the WORLD!" It reached more than 25k retweets and in less than a year she was recruited by her current agency. **LUZ LANCHEROS, MWN**

TIN GAO

(Instagram @qizhen_gao: 16.6k followers)

Tin Gao is a London-based model from China. She has worked with brands such as Courreges and Penultimate, among others. Vogue magazine called her the "anti-model" that defies beauty standards, because of her feline features and unconventional face. For ASAI, for example, Gao posed as a blue cat, and as a panda for King Kong magazine. She has also appeared in a video for Norwegian electronic artist Askjell.

HAYATI AZIS

(Instagram @ hayatiazis: 4k followers)

Azis is Muslim and from Indonesia. She was bullied because of her preference for masculine style. Despite this, she started to work as a model and everything has changed. Azis appeared in POP magazine and won the "Model of the Year" award at BeautyFest Asia last year. Azis has always defined herself as a "tomboy" — she shaved her head as soon as she began modeling.

ROSHAANTE ANDERSON

(Instagram @ roshaante: 8.6k followers)

Anderson is an English model, YouTuber and is trans. He is 24 years old and began completing his transition at the age of 16. In one of his videos he appears totally naked in order to speak sincerely and openly of everything that implies being intersex. He has modeled for Nike, GayTimes and Harley Weir, among other brands.

MOON

(Instagram @ moon.vision: 13.5k followers)

Michael Moon has tattooed eyes and has appeared on the catwalk of designer Rick Owens. He was also portrayed by Tim Walker for British designer Charles Jeffrey, whose brand he represented several times. Based in London, Moon is anti-racist, feminist, vegan and each of his performances goes beyond fashion.

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Knee Arthritis Pain?

10 Year Medical Study Reveals Knee Replacement Avoided With Newest Medical Treatment In 3 of 4 Cases

If you suffer with painful knee arthritis – science may have finally found the answer you've been looking for.

Here's why: What should be looked at as a landmark and startling study by the medical world, research published by a noted Orthopedic Surgeon in the Journal Of Knee Surgery revealed that 75% of those with Grade IV (often called "bone on bone") knee arthritis were able to avoid the surgery more than 7 years and beyond.

When doctors accurately placed FDA approved lubricating medicines using advanced imaging into almost 2000 arthritic knees (like putting oil on a rusty door hinge or automobile engine) the majority of patients actually responded well enough to avoid major and complex knee replacement surgery. But, the procedure needs to be done by experienced doctors using the best technology for optimum technique and results.

Know this: This is an FDA-cleared REAL medical treatment that must be given by a skilled professional.

These special treatments are now available right here in NYC for Tri-State area arthritis sufferers. And many insurances, even Medicare, cover these treatments for qualified patients.

More Good News: *NYC Pain MD*, the NYC area's "go to' medical group for non-surgical arthritis pain management is now offering these simple, in-office treatment programs and offers a No-Cost, No-Obligation screening appointment to find out if you qualify. To speak with a scheduling coordinator about a screening appointment, just call 877-228-5490.

Giants rookie CB Deandre Baker avoids serious knee injury

MRI confirms rookie cornerback's knock is just a sprain.

JOE PANTORNO
joseph.pantorno@metro.us

Deandre Baker (No. 27) will be day-to-day with a sprained knee. GETTY IMAGES

The summer of injuries continues for the New York Giants, who saw rookie cornerback Deandre Baker go down over the weekend with a knee injury.

But they did receive some good news on Monday morning.

The Giants announced that the 2019 first-round pick has a sprained knee after further evaluations by the team physician. A sprain was the initial diagnosis on Sunday when the cornerback revealed he felt something in his left knee during practice. However, there was a fear that it could have been as severe as a torn ACL.

SNY's Ralph Vacchiano added that the Giants hope "he won't be out too long," but they will be "cautious" moving forward.

Baker was seen on Monday in uniform watching practice from the sidelines.

Selected 30th overall out of Georgia, Baker is going to be looked upon to boost the Giants new-look secondary.

Over the past year, the Giants have parted ways with the likes of Eli Apple, BW Webb and All-Pro safety Landon Collins.

The Giants attempted to replace Collins with Jabrill Peppers, a versatile safety who was acquired from the Cleveland Browns in the Odell Beckham Jr. trade.

They also drafted cornerbacks Julian Love in the fourth round of Notre Dame and Corey Ballentine in the sixth round out of Washburn.

With 115 tackles and seven interceptions in three collegiate seasons, the 21-year-old Baker is expected to be the team's No. 2 cornerback behind veteran Janoris Jenkins. Hence why this injury was such a pivotal moment for the banged-up Giants.

It's been a difficult summer for Pat Shurmur, Dave Gettleman and Co. as key contributors continue to drop.

Behind Baker on the depth chart is Grant Haley, who is expected to take another big step in his professional development after starting 10 games last season with the Giants. He sprained his shoulder on Aug. 1 and is practicing in a yellow, non-contact pinny.

Another cornerback in Sam Beal is dealing with a hamstring issue while linebacker Alec Ogletree injured his calf.

They're additions to an injury report that has been dominated by Giants wide receivers as Sterling Shepard (thumb), Corey Coleman (torn ACL) and Darius Slayton (hamstring) have been bitten by the injury bug.

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Amed Rosario (left) and Jeff McNeil (right) lead the Mets into a big series against the Braves. GETTY IMAGES

Mets have chance to make statement vs. Braves

Vital three-game series from Atlanta starts tonight.

JOE PANTORNO
joseph.pantorno@metro.us

The New York Mets remained hot over the weekend despite the uptick in competition as they took two of three from the Washington Nationals at Citi Field.

So much for chalking up their ridiculous second-half hot streak to an easy schedule.

The Nationals have been one of the best teams in baseball since a rough two-month start to the season. By May 23, they were 19-31. They went 42-22 before their series with the Mets.

Winning the series against the Nationals — which featured a pair of exhilarating comeback wins — moved the Mets ever so closer to a playoff spot as they entered Monday night just one game back of the second NL Wild Card spot.

Hard to believe this was a team that was 11 games under .500 after the first game back from the All-Star break.

Everything has come together for the Mets, whether it's been stellar starting pitching, an improved bullpen (outside of Edwin Diaz), and key contributions from all corners of the lineup.

Before Sunday's 7-4 loss to Washington, the Mets had won 15 of their last 16 games — their best stretch of play since 1990.

But now, Mickey Callaway and Brodie Van Wagenen's men are at a crossroads as they head to Atlanta to face the division-leading Braves in a vital three-game series.

Atlanta holds an eight-game lead over the third-place Mets in the National League East, but New York has hung tough despite the gulf in class throughout most of this season.

In 10 previous matchups, the Mets are 4-6 against the Braves this season, suggesting that this new-look, red-hot ball club could give the leaders a run for their money.

And we're not just talking about this series.

Since July 12, the Mets have jumped over seven teams in the National League standings and have gained 6.5 games on the Braves.

With a total of nine meetings remaining between the two teams from Tuesday until the end of the regular season, the Mets will have ample chances to chip away at the Braves' comfortable advantage.

Should they continue to take two out of three against their other opponents as they did against Washington, Atlanta could be feeling plenty of pressure.

That's a best-case scenario, though.

If the Mets are handled easily by the Braves, they'll be provided with the hard reality check that it's going to take more than a hot streak to make it to the postseason.

Consistent baseball bolsters playoff hopes and the Mets need to keep it in Atlanta.

Let's take a look at this huge August series starting Tuesday:

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WEDNESDAY
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JD DAVIS
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AMED ROSARIO
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ATLANTA

FREDDIE FREEMAN
LAST 20 GAMES: .371/.489/.586, 4 HR, 18 RBI

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RONALD ACUNA JR.
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There is no medication given as part of this study.

Compensation: You will be compensated for your time. If you attend all your sessions, you will receive a total of $220. You will also receive a round trip Metrocard at the end of each session to cover your travel expenses.

For More Information Call: (212) 365-0346

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NYSPI IRB Approved 7691 12/27/2018 -> 12/2/2019

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DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

LEGAL NOTICES

SUPREME COURT OF THE STATE OF NEW YORK
COUNTY OF NEW YORK

TD BANK, NA
Plaintiff,

Index No. 655202/2018

v.

Date Index Purchased: October 19, 2019

CC ENGLISH, INC.; and KOT MAN CHENG, Defendants.

SUMMONS WITH NOTICE BY PUBLICATION PURSUANT TO CPLR316
TO THE ABOVE NAMED DEFENDANT:
Kot Man Cheng, 34 Monroe Street, Suite CA9, New York, NY 10002

You are hereby summoned and required to serve upon plaintiff's attorney, at the address below, an answer to the Complaint bearing Index No.: 655202/2018 within 58 days after the first publication date of this notice (per CPLR 316 service is complete on the twenty-eight day after the first publication), exclusive of such date.

If you do not serve an answer to the Complaint within the applicable time limitation stated above, a judgment may be entered against you, by default, for the relief demanded in the complaint, without further notice to you.

The action will be heard in the Supreme Court of the State of New York, in and for the County at New York.

Plaintiff designates New York County as place of trial and venue is based on C.P.R.L. ss 503.

The foregoing summons is being served upon you by publication pursuant to an Order of the Honorable Melissa A. Crane, J.S.C., New York County, dated and filed with the Complaint and other papers in the Office of the Clerk of the Supreme Court, New York County.

Dated: July 26, 2019

MEYNER AND LANDIS LLP
Attorneys for Plaintiff
TD BANK, N.A.

By: Javier Lopez, Esq.
One Gateway Center,
Suite 2500
Newark, New Jersey 07102
jlopez@meyner.com
(973) 602-3436

New York Address
100 Park Avenue,16" Floor
New York, New York 10017
(516) 683-0171

NOTICE: This civil action has been pending since October 19, 2018, when Plaintiff filed its Summons and Verified Complaint ("Summons and Complaint") against defendants, Kot Man Cheng ("Guarantor") and CC English, Inc. ("Borrower") (Guarantor and Borrower are hereinafter collectively referred to as the "Obligors") seeking a joint and several Judgment against the Obligors for defaulting on the Note as more fully set forth in the summons and Complaint. In the event of default by the Guarantor, Plaintiff will obtain a judgment for the principal amount of $41,996.07 plus interest, late fees, appraisal and inspection fees and reasonable legal fees and costs all in accordance with the Loan Documents and more fully set forth in the Complaint.

NOTICE OF SALE

SUPREME COURT -
COUNTY OF QUEENS
U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE, ON BEHALF OF THE HOLDERS OF THE CSMC MORTGAGE-BACKED PASS-THROUGH CERTIFICATES, SERIES 2007-1, Plaintiff, Against ANNOLIO TOUSSAINT, MARIE TOUSSAINT, ET AL., Defendant.
Pursuant to a Judgment of Foreclosure and Sale, duly entered 12/6/2018, I, the undersigned Referee, will sell at public auction, in Courtroom #25 of the Queens County Supreme Court, 88-11 Sutphin Boulevard, Jamaica, NY 11435, on 9/13/2019 at 10:00 am, premises known as 104 23 214th Street, Queens Village, NY 11429, and described as follows: ALL that certain plot piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens and State of New York, and designated on the tax maps of the Queens County Treasurer as Block 11099 and Lot 27.
The approximate amount of the current Judgment lien is $441,008.25 plus interest and costs. The Premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure and Sale; Index # 709871/2015.
Dominic A. Villoni, Esq., Referee.
SHELDON MAY & ASSOCIATES
Attorneys at Law,
255 Merrick Road,
Rockville Centre, NY 11570
Dated: 7/18/2019
File Number: 28909 MNB

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 650 W. 42nd St., aka 1 River Place, New York, NY 10036. New York County, for on premises consumption. KOK NYC Flagship, LLC d/b/a Kings of Kobe.

NOTICE IS HEREBY GIVEN that a license, Number 1319607, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 179 E. 115th St., New York, NY 10029. New York County, for on premises consumption. La Guadalupe Restaurant Corp.

NOTICE IS HEREBY GIVEN that a license, Number 1319560, for Seasonal, On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 12 East Gunhill Rd., Bronx, NY 10467. Bronx County, for on premises consumption. D'Amigos Restaurant and Bar Corp.

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LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number 1319837, for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 72-64 Metropolitan Ave., Middle Village, NY 11379. Queens County, for on premises consumption. RTA Foods Inc. d/b/a Burrito Blvd.

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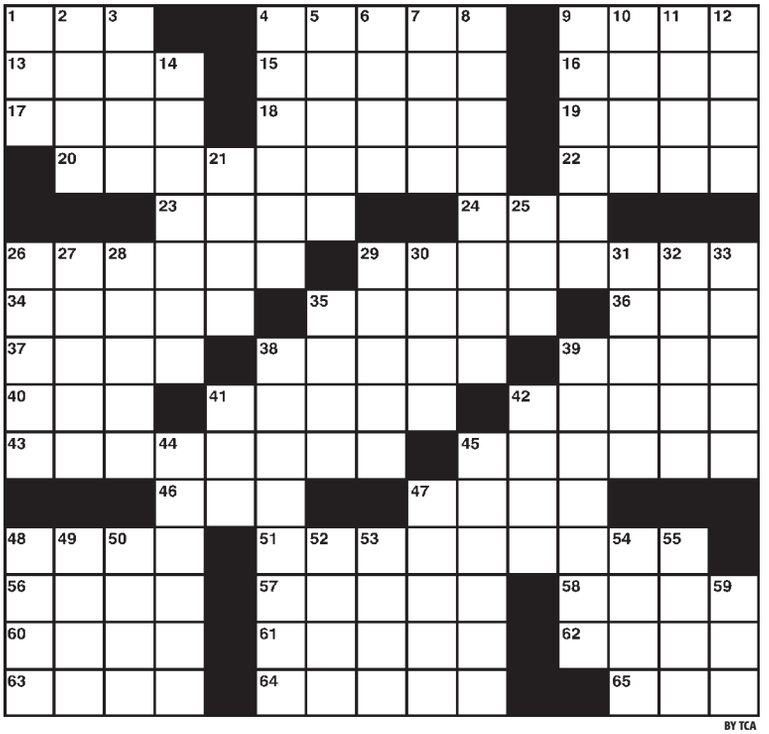
ACROSS

1 One of Santa's helpers
4 Gleaming
9 Part of a shoe
13 Pastures
15 Do a chauffeur's job
16 Elderly
17 Body of water
18 Become frayed
19 Boring event
20 Comfy chairs
22 Rebel against
23 Fissure; split
24 Color
26 Choose
29 Moisture
34 Big Ben, for one
35 Soft drinks
36 Word attached to dog or top
37 Like pinkish cheeks
38 Half a __; 6
39 Adroit
40 Make fun of
41 Men and boys
42 Range
43 Chanel No. 5 & others
45 Decelerated
46 "I __ Rock"; 1960s song
47 Ostracize
48 Fleece
51 Spending extravagantly
56 Further
57 Ford Mustang or Chevy Camaro
58 Women with habits
60 Lanai feast
61 Encouraged
62 Overfill
63 Mattel's boy dolls
64 Suffix for young or prank
65 Baton Rouge univ.

DOWN

1 Building wing
2 Tragic king
3 Phony
4 Not anchored
5 19th-century U.S. president
6 Not taped
7 Win __; convince
8 Cardiff resident
9 Depress
10 Meanie
11 Table extension
12 Nervous
14 Confidentiality
21 Keep a Popsicle from dripping
25 Walk-__; many NYC apartments
26 Discontinue
27 Wed without fanfare
28 Ne'er-do-well
29 Nods off
30 Thirst quenchers
31 Part of the arm
32 Balm
33 Miles per hour
35 King __
38 Capital of Syria
39 Making amends
41 Fall flower, for short
42 Slimy crawler
44 Well-known
45 Grates cheese
47 "Terrific!"
48 Vaccine developer Jonas
49 Hasn't a __; is in the dark
50 As bald __ eagle
52 Harbor town
53 Racing sled
54 No longer valid
55 Large antelopes
59 R-V center



BY TCA

metro.us/wordsearch

H	T	R	O	N	O	M	D	Y	P
I	C	O	D	S	L	E	E	E	S
T	H	E	B	I	R	D	S	A	Y
C	E	Y	F	F	A	O	N	C	C
H	U	B	L	O	C	L	P	C	H
C	M	A	S	T	E	R	M	E	O
O	G	I	T	R	E	V	A	B	R
C	F	P	R	O	D	U	C	E	R
K	D	I	R	E	C	T	O	R	O
W	O	D	N	I	W	R	A	E	R

Alfred
Dial M
Director
Film
Hitchcock
Horror
Master
North
Producer
Psycho
Rear Window
Rebecca
Rope
The Birds
Vertigo

metro.us/wander

Category: Musician

	M	U	S
Y	D	D	R
W	A	T	E

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

5		2	7					
			3	4				2
9	1	3	8	5	2		4	
4	5		9		8	2		
	3	6				4	1	
		9	1		4		5	3
	9		6	1	5	7	3	8
1				8	3			
					9	1		5

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	J	I	G		D	E	A	N	S		S	C	A	B
P	U	N	Y		E	R	R	O	R		H	O	B	O
A	D	A	M		F	I	C	T	I	T	I	O	U	S
D	E	C		C	A	C	H	E		R	E	S	T	S
		C	R	A	M	S			H	I	S			
B	R	U	I	S	E			N	E	C	T	A	R	
E	A	R	N	S		S	P	E	A	K		D	O	T
S	T	A	G		S	T	E	E	P		D	D	A	Y
T	I	C		S	T	A	N	D		P	R	I	M	P
	O	Y	S	T	E	R			M	O	U	S	S	E
			T	O	W			V	O	L	G	A		
C	A	R	O	L		S	H	E	L	L		B	A	N
A	B	O	V	E	B	O	A	R	D		T	A	X	I
B	L	U	E		O	P	I	N	E		I	B	E	X
S	E	T	S		S	H	R	E	D		P	A	S	

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